

EXHIBIT 3

REPORT OF ND RATING CONVERSION SCREENING

(Use proper letter format.)

From: (Screening Activity)
To: Commander, Navy Personnel Command (PERS-401DH)
Subj: REQUEST FOR NAVY DIVER (ND) RATING CONVERSION
Ref: (a) MILPERSMAN 1220-100

1. (rank or rate, name), currently attached to (member's present command), was screened for conversion to the ND rating as specified in reference (a).

2. The member completed the screening as indicated below:

a. Interview conducted by: (name, rank, position, command, date) (Interviewer should include any significant findings pertinent to selection/non-selection of member for requested training.)

(1) Does the applicant totally understand the mission and scope of the rating? Yes _____ No _____

(2) Does the applicant fully understand the training regimen during ND "A" School and what will be expected of him/her? Yes _____ No _____

(3) Is the applicant's motivation for entry into the rating a sincere desire for professional growth and achievement and not solely for the money or as a method to escape his/her present circumstances, etc? Yes _____ No _____

(4) Does the applicant have the ability to adapt to the requirements of the ND rating? Yes _____ No _____

(5) Is the applicant mentally prepared for the arduous training? Yes _____ No _____

(6) Does the applicant have any financial, marital, or other hardships that would impede his/her ability to concentrate on and complete the training? Yes _____ No _____

b. Physical Screening Test conducted by: (name, rank, position, command, date)

(1) Swim Time: _____min _____sec

(2) Run Time: _____ min _____sec

(3) Sit-ups: _____, Push-ups: _____, Pull-ups: _____

c. Hyperbaric Test conducted by: (name, rank, position, command/facility, date) or waived (State justification.)

d. Eligible for SECRET security clearance based on a National Agency Check with Local Agency and Credit Checks (NACLC)? Yes _____ No _____

3. Based on (satisfactory/unsatisfactory) completion of this screening and per rating conversion entry requirements specified in reference (a) the member (is/is not) recommended for conversion to the ND rating. (If member is not recommended, state reason/s.)

(Signature)

Copy to:
Member's present command